

**2018  
ADULT MID-WINTER WARM-UP  
OPEN CHAMPIONSHIPS**

**February 18, 2018**



**East West Ice Palace**  
11446 Artesia Blvd  
Artesia, California [90701-3855](tel:907013855)

**Deadline for Entries: January 12, 2018**



Sanctioned by U.S. Figure Skating



**Hosted by the Los Angeles Figure Skating Club  
2018 ADULT MID-WINTER WARM-UP  
Open Championships  
February 18, 2018  
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**GENERAL RULES AND INFORMATION**

The Los Angeles Figure Skating Club invites you to the 2018 ADULT MID-WINTER WARM-UP Open Championships to be held at the East West Ice Palace, located at 11446 Artesia Blvd., Artesia, California 90701. The competition ice surface is 85 by 200 feet. The rink is fully enclosed. Events are open to all eligible persons registered with U.S. Figure Skating or with a member ISU Federation.

The 2018 ADULT MID-WINTER WARM-UP Open Championships will be conducted in accordance with 2017-2018 U.S. Figure Skating rules and standards except as noted in this announcement. Official notices and bulletins will be posted on the official bulletin board at the East West Ice Palace and on the Los Angeles Figure Skating Club's website ([www.lafsc.org](http://www.lafsc.org)). Please remember to check both the official bulletin board at the rink and the club website for any event updates.

Age qualifications and test qualifications for all events will be those specified in the 2017-2018 U.S. Figure Skating Rulebook.

**EVENTS TO BE SKATED**

The 2018 Adult MID-WINTER WARM-UP Open Championships will consist of the following events: Compulsory Elements, Singles Free Skate and Showcase, Pairs Free Skate, Couples and Solo Pattern Dance, Spin and Jump Events.

**SOUTHERN CALIFORNIA INTER-CLUB INVITATIONAL SERIES**

This event is part of the Southern California Inter-Club Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org/> for more information.

**U.S. FIGURE SKATING ADULT COMPETITION SERIES**

This event is part of the U.S. Figure Skating Adult Competition Series. Participants in the ACS compete in the free skate and compulsory events in at least two participating competitions, one being the non-qualifying competition held in

conjunction with their adult sectional championships. Athletes receive points based on their placement and the number of competitors in each event. These points will be used to determine final ACS winners within each section, and awards will be presented at the non-qualifying competitions held in conjunction with each adult sectional championship. For more information, please see the USFS website at <http://www.usfigureskating.org/story?id=90613>. **NOTE: You must register with USFSA to participate in the Adult Competition Series.**

#### **REGISTRATION AND ENTRY FEES**

**CLOSING DATE FOR ENTRIES IS JANUARY 12, 2018, 11:59 p.m. PST.** Registration is online through Entryeze. Payment is via a secured credit card transaction (non-refundable processing fee applies - 3.9%). Go to: [www.lafsc.org](http://www.lafsc.org) and simply follow the links for the competition information and use the link to register for the competition and pay with a credit card (VISA, MASTERCARD, and DISCOVER only please). At the discretion of the Referee, late entries may be accepted and are subject to an additional \$20 late fee. **No** entry fees will be refunded for any reason after the close of entries unless the event is not held (Rule 3047).

#### **ENTRY FEES**

First Solo Event \$85  
Each Subsequent Solo Event \$45  
First Partnered Event \$100/team  
Each Subsequent Partnered Event \$65/team

#### **EVENT QUALIFICATION**

Competitors must be age 18 years or older as of the close of entries. Test levels as of January 12, 2018, will determine eligibility for all events. Note: Competitors may enter an event at one level higher than their test-level eligibility, but may enter only one level in each discipline, e.g., may enter silver free skate and bronze pairs, but not bronze and silver free skate. The only exception is for Showcase events, where skaters may enter both Dramatic and Light Entertainment; however, if skaters choose to enter both, they must enter both at the same level.

#### **AGE CATEGORIES**

The Singles Free Skating and Showcase events will be divided into the following age categories:

Young Adult	18 - 20 years
Class I	21 - 35 years
Class II	36 - 45 years
Class III	46 - 55 years
Class IV	56 - 65 years
Class V	66 years and over

At the discretion of the Chief Referee, age categories or events may be combined to allow skaters the chance to compete. For events divided into groups, no final rounds will be skated.

## **JUDGING**

Silver, Gold and Masters Singles Free Skating categories will be judged using the International Judging System (IJS). Where relevant, skaters must submit Planned Program Content online via Entryeeze. All other categories will be judged using the 6.0 system. However, if entries warrant, Pairs Free Skating may be judged using IJS. Pairs will be informed of the final judging system on the Club Website: [www.lafsc.org](http://www.lafsc.org).

## **AWARDS**

Awards will be given for First, Second, Third and Fourth places for all Categories. In the event of a tie on an event being judged using two marks under the 6.0 system, the first mark will break the tie for compulsory elements or short programs, and the second mark will break the tie for freeskating and Showcase events. In the event of a tie on an event using one mark under the 6.0 system, all skaters tied for a place will be awarded a medal for that place and there will be no tie breaking. In the event of a tie on an event being judged using IJS, the technical mark will break the tie for compulsory elements or short programs, and the component mark will break the tie for freeskating and Showcase events.

## **REGISTRATION**

The registration desk will be in the lobby of the East West Ice Palace on the dates of the competition and will be manned commencing one hour prior to the start of the first event. All competitors should check in at the registration desk at least 45 minutes prior to their scheduled event. The official bulletin board will list any schedule changes or other information needed by competitors. Competitors should be ready to check in with the Ice Monitor 15 minutes before their event is scheduled to start. At the discretion of the Referee, events may begin before the scheduled time.

## **SCRATCHES**

If you must withdraw from your event, please inform the Registrar and Registration desk immediately.

## **MUSIC**

Music should be uploaded to EntryEeze for this competition, but you should also bring at least one backup CD of your music. Please do not bring your music backup on your cell phone or other mobile device.

## **COACHING**

All coaches coaching during the competition or at practice sessions must be members of U.S. Figure Skating. Each coach must also be current with USFS Coaches' Registration Requirements, as well as the CER requirements of the Professional Skaters Association.

## **VIDEOTAPING AND PHOTOGRAPHY**

Contractual commitments with our Videographer and Professional Photographer require that we limit all private videotaping and still photographs to your own skater.

**Any spectator seen shooting either video or stills of a skater other than his/her own shall be removed from the arena.**

**No flash photography is permitted in the arena at any time.**

**The Videographer and Professional Photographer are vendors who provide their expert services for our competitions. Please do not take pictures with your own cameras during the podium photo shoot, nor should you take pictures or video of the tv monitor used for the professional videography.**

**PRACTICE ICE**

We hope to make practice ice available on the morning(s) of the competition prior to the first event; however, we will have a limited amount of ice time. Availability of ice time for early-morning practice ice will be determined only after the close of entries and completion of the competition schedule by the Referee. As soon as the competition schedule is set, you will be notified via email about practice ice. If we are able to offer practice ice, all reservations will be made through Entryeeze.

If practice sessions are held, no music will be played. All practice ice sessions will be 30 minutes and limited to 22 competitors per session. Each session will cost \$15 when reserved in advance through Entryeeze; if space is available, walk-ons will cost \$20 per session. All entrants will receive a link to online registration for practice ice, if offered, as soon as the Referee determines the competition schedule. In addition, the Registrar will email all registered competitors no later than February 13 about the availability of walk-on space, but walk-on admission will be on a first-come, first-served basis on the morning(s) of the practice sessions.

**REGISTRAR:** Kathryn Cassano  
k.cassano@hotmail.com

**ADMISSION:**

\$10.00 - general admission  
\$5.00 - age 55+  
\$5.00 - age 6 to 12  
Free - age 5 and under

**FREE SKATING EVENTS - SINGLES**

Age qualifications and test qualifications for these events shall be as set forth in the 2017-2018 skating season U.S. FIGURE SKATING Rulebook, except as otherwise specified. Competitors may enter an event at one level higher than their test-level eligibility. Free Skating Events will be skated to music of the skater's choice.

Adult Pre-Bronze Rule 4600	Passed no higher than the adult pre-bronze free skate test or the pre-preliminary free skate test.	Program Duration: 1:40 max
Adult Bronze Rule 4590	A. Must have passed at least one of the following: 1. The adult bronze free skate test and no higher adult free skate tests 2. The standard preliminary free skate test and no higher standard free skate tests B. May have passed: 1. The 2nd figure test and no higher before Oct. 1, 1977 2. Any figure or moves tests on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except the 8th figure test 3. Any figure or moves tests on or after Oct. 1, 1979	Program Duration: 1:50 max
Adult Silver Rule 4580	A. Must have passed at least one of the following: 1. The adult silver free skate test and no higher adult free skate tests 2. Before Oct. 1, 1994, the standard juvenile free skate test and no higher standard free skate tests 3. On or after Oct. 1, 1994, the standard pre-juvenile free skate test and no higher free skate tests 4. Prior to Oct. 1, 1977, the 3rd figure test and no higher figure tests B. May have passed: 1. Any figure or moves test on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except the 8 <sup>th</sup> figure test 2. Any figure or moves test on or after Oct. 1, 1979	Program Duration: 2:10 max
Adult Gold Rule 4570	A. Must have passed at least one of the following: 1. The adult gold free skate test 2. The standard juvenile free skate test and: a. Prior to Oct. 1, 1991, no higher than the standard intermediate free skate test b. On or after Oct. 1, 1991, no higher than the standard juvenile free skate test 3. Prior to Oct. 1, 1977, the 3rd figure test and no higher than the 5th figure test B. May have passed: 1. Any figure or moves tests on or after Oct. 1, 1977, and prior to Oct. 1, 1979, except the 8th figure test 2. Any figure or moves tests on or after Oct. 1, 1979	Program Duration: 2:40 max
Masters Intermediate-Novice Rule 4540	Must have passed at least one of the following: A. The standard intermediate free skate test and: 1. On or after Oct. 1, 1977, and prior to Oct. 1, 1991, no higher than the standard junior free skate test 2. On or after Oct. 1, 1991, no higher than the standard novice free skate test B. Prior to Oct. 1, 1977, the 3rd figure test C. On or after Oct. 1, 1977, and prior to Oct. 1, 1979, the 8th figure test	Program Duration: 3:10 max
Masters Junior-Senior Rule 4510	Must have passed at least one of the following: A. The standard novice free skate test B. Prior to Oct. 1, 1977, the 4th figure test C. On or after Oct. 1, 1977, and prior to Oct. 1, 1979, the 8th figure test	Program Duration: 3:40 max

**FREE SKATING EVENTS - PAIRS**

Age restrictions and test qualifications for these events shall be as set forth in the 2017-2018 skating season U.S. FIGURE SKATING Rulebook, except as otherwise specified. Pairs may enter an event at one level higher than their test-level eligibility. Pairs Free Skating Events will be skated to music of the skaters' choice.

<p>Adult Bronze Pairs  Rule 5550</p>	<p>Both partners must have passed at least one of the following: 1. The adult bronze pair test, and no higher adult pair test 2. The adult bronze or adult silver free skate test, but no higher adult free skate test 3. The standard preliminary or pre-juvenile pair test, but no higher pair test 4. The standard preliminary or pre-juvenile free skate test, but no higher free skate test</p>	<p>Program Duration: 2:10 max</p>
<p>Adult Silver Pairs  Rule 5540</p>	<p>Both partners must have passed at least one of the following: 1. The adult bronze or adult silver pair test, but no higher adult pair test 2. The adult silver or adult gold free skate test 3. The standard preliminary, pre-juvenile or juvenile pair test, but no higher pair test 4. The standard pre-juvenile or juvenile free skate test, but no higher free skate test</p>	<p>Program Duration: 2:40 max</p>
<p>Adult Gold Pairs  Rule 5530</p>	<p>Both partners must have passed at least one of the following: 1. The adult silver or adult gold pair test 2. The adult gold free skate test 3. The standard juvenile, intermediate or, prior to 1989, bronze pair test, but no higher pair test 4. The standard juvenile, intermediate or novice free skate test, but no higher free skate test</p>	<p>Program Duration: 3:40 max</p>
<p>Masters Pairs  Rule 5520</p>	<p>Both partners must have passed at least one of the following: 1. The adult gold pair test 2. The standard juvenile, intermediate, novice, junior or senior/gold pair test 3. Prior to 1989, the standard bronze, silver or gold pair test 4. The standard intermediate, novice, junior or senior free skate test</p>	<p>Program Duration: 3:40 max</p>

**SHOWCASE EVENTS**

**Singles events offered:**

1. **Dramatic Entertainment:** Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. Props and Scenery ARE permitted.
  
2. **Light Entertainment:** Programs should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions. Props and Scenery ARE permitted.

Events will be conducted according to the Non-qualifying Competition Showcase Guidelines posted at [www.usfigureskating.org](http://www.usfigureskating.org). If entries in the Showcase classes are divided into groups, only one round will be skated. SHOWCASE EVENTS MAY QUALIFY FOR THE NATIONAL SHOWCASE.

Competitors may enter Showcase events at one level higher than their test-level eligibility but, if entering both Dramatic and Light Entertainment, must enter both at the same level. Test qualifications as of the closing date for entries are as follows:

<b>Event</b>	<b>Must meet requirements</b>	<b>Must not have passed</b>	<b>Age</b>	<b>Time</b>
Young Adult	Juvenile Free Skate or Juvenile Free Dance	Novice Free Skate or Novice Free Dance	18-20	2:10 max
Adult Bronze	Adult Bronze Free Skate Preliminary Free Skate Juvenile Free Dance OR Pre-Bronze Dance Test (prior to 4/30/2017)	Adult Silver Free Skate Pre-Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000 or #rd Figure (prior to 10/1/1977)	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/1994) Adult Silver Free Dance Intermediate Free Dance Preliminary Free Dance (prior to 9/2/2000) OR 3 <sup>rd</sup> Figure (prior to 10/1/1977)	Adult Gold Free Skate Juvenile Free Skate (on/after 10/1/1994) Adult Gold Free Dance Novice Free Dance Bronze Free Dance (prior to 9/2/2000) OR 4 <sup>th</sup> Figure (prior to 10/1/1977)	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance OR	Intermediate Free Skate (on/after 10/1/1991) Junior Free Dance Silver Free Dance	21 and older	1:40 max



	3 <sup>rd</sup> Figure (prior to 10/1/1977)	(prior to 9/2/2000) OR 5 <sup>th</sup> Figure Test (prior to 10/1/1977)		
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance Silver Free Dance (prior to 9/2/2000) 3 <sup>rd</sup> Figure Test (prior to 10/1/1977) OR 8 <sup>th</sup> Figure Test (10/1/1977 - 9/30/1979)		21 and older	1:40 max

The technical difficulty of the program is not the main consideration in the marking of Showcase events. Only one mark will be given. Showcase events shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music. Vocal music with lyrics is allowed. Costumes that enhance the performance by appropriately reflecting the character of the music and theme will be considered in the judging.

#### **DANCE EVENTS**

Adult dance events are open to skaters who have met the test criteria and are at least 18 years of age at the close of entries, with the exception of Adult Centennial Dance, where both partners must be 50 years of age or older at the close of entries. Adult dance events are open to couples, each partner of which is an eligible person or reinstated person. Skaters may enter different events with different partners as long as the test qualifications are met.

No final round will be skated. The skating order shall remain the same for each dance. Skaters may provide their own music for the Pattern Dances. Only Pattern Dances sections will be included in the Dance events. There will be no Free Dance sections for any Dance Event. All dance events will be judged under the 6.0 system. Number of patterns will be skated in accordance with the adult rules set forth in Rule 6075.

Adult Centennial Dance Rule 6600	Both partners must have passed one standard, adult or masters partnered pre-silver dance test with no maximum limit on tests passed. Both partners must be 50 years of age or older at closing date for entries.	Pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6601
Adult Pre-Bronze Dance Rule 6590	Both partners must have completed the standard, adult or masters partnered pre-bronze dance test but no higher than the standard, adult or masters partnered bronze dance test.	Pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6591
Adult Bronze Dance Rule 6580	One partner must have passed at least one standard, adult or masters partnered pre-silver dance; the other partner must have passed at least one standard, adult or masters partnered bronze dance. Neither partner may have passed more than one standard, adult or	Pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6081

	masters partnered silver dance.	
Adult Pre-Silver Dance Rule 6570	Both partners must have passed at least one standard, adult or masters partnered pre-silver dance. Neither partner may have passed more than one standard, adult or masters partnered silver dance.	Pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6571
Adult Silver Dance Rule 6560	One partner must have passed at least one standard, adult or masters partnered silver dance; the other partner must have passed at least one standard, adult or masters partnered pre-silver dance. Neither partner may have passed more than one standard, adult or masters partnered pre-gold dance.	Pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6561
Adult Pre-Gold Dance Rule 6530	One partner must have passed at least one standard, adult or masters partnered pre-gold dance; the other partner must have passed at least one standard, adult or masters partnered silver dance. Neither partner may have completed the standard, adult or masters gold dance test.	No Free dances will be skated. The pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6531
Adult Gold Dance Rule 6520	One partner must have passed at least one standard, adult or masters partnered gold dance; the other partner must have passed at least one standard, adult or masters partnered pre-gold dance. Any skater who has competed in any standard track qualifying dance event at sectionals or higher will be ineligible to compete in this event.	No Free dances will be skated. The pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6521
Masters Open Dance Rule 6540	One partner must have passed at least one standard, adult or masters partnered gold dance; the other partner must have passed at least one standard, adult or masters partnered pre-gold dance.	No Free dances will be skated. The pattern dances will be skated in accordance with initial round dances for 2017-2018 in Rule 6521

### SOLO PATTERN DANCE EVENTS

Men and ladies will compete against one another in these events, skating their gender's respective steps. Competitors may enter only ONE skill level (e.g. they cannot enter bronze and silver).

Number of patterns will be skated in accordance with the adult rules set forth in Rule 6075. ALL adult solo pattern dance events/levels will be judged under the 6.0 system. Skaters may provide their own music for the Pattern Dances.

Adult Bronze Solo Dance Rule 6660	Must have passed the complete standard, adult or masters solo or partnered pre-bronze dance test and no higher than one standard, adult or masters solo or partnered pre-silver dance test.	Pattern dances will be skated in accordance with the dances for 2017-2018 in Rule 6661
Adult Pre-Silver Solo Dance Rule 6650	Must have passed at least one standard, adult or masters solo or partnered pre-silver dance test and no higher than one standard, adult or masters solo or partnered silver dance test.	Pattern dances will be skated in accordance with the dances for 2017-2018 in Rule 6651
Adult Silver Solo Dance	Must have passed at least one standard, adult or masters solo or partnered	Pattern dances will be skated in accordance with the dances for 2017-

Rule 6640	silver dance test and no higher than one standard, adult or masters pre-gold dance test.	2018 in Rule 6641
Adult Pre-Gold Solo Dance Rule 6630	Must have passed at least one standard, adult or masters solo or partnered pre-gold dance test and no higher than one standard, adult or masters solo or partnered gold dance test.	Pattern dances will be skated in accordance with the dances for 2017-2018 in Rule 6631
Adult Gold Solo Dance Rule 6620	Must have passed at least one standard, adult or masters solo or partnered gold dance test.	Pattern dances will be skated in accordance with the dances for 2017-2018 in Rule 6621

### COMPULSORY SKATING EVENTS

All compulsory skating events will be skated with no music. Minimal connecting moves, steps and edges throughout the program are allowed. Elements may be skated in any order and no additional elements are permitted. Elements may not be repeated. Maximum program duration for all levels is 1:30. All Compulsory events will be skated on half ice.

Adult 1	<ol style="list-style-type: none"> <li>1. Forward Marching</li> <li>2. Forward two-foot glide</li> <li>3. Forward swizzle (4-6 in a row)</li> <li>4. Forward snowplow stop – two feet or one foot</li> </ol>
Adult 2	<ol style="list-style-type: none"> <li>1. Forward skating across the width of the ice</li> <li>2. Forward one-foot glides</li> <li>3. Forward slalom</li> <li>4. Backward skating</li> <li>5. Backward swizzles, 4-6 in a row</li> </ol>
Adult 3	<ol style="list-style-type: none"> <li>1. Forward stroking using the blade properly</li> <li>2. Forward half-swizzle pumps on the circle, 6 to 8 in a row, clockwise and counterclockwise</li> <li>3. Forward chasses on a circle, clockwise and counterclockwise</li> <li>4. Backward skating to a long two-foot glide</li> <li>5. Backward snowplow stop, Right and Left</li> </ol>
Adult 4	<ol style="list-style-type: none"> <li>1. Forward outside edge on a circle, right and left</li> <li>2. Forward inside edge on a circle, right and left</li> <li>3. Forward crossovers, clockwise and counterclockwise</li> <li>4. Hockey stop, both directions</li> <li>5. Backward one-foot glides, right and left</li> </ol>
Adult 5	<ol style="list-style-type: none"> <li>1. Backward outside edge on a circle, right and left</li> <li>2. Backward inside edge on a circle, right and left</li> <li>3. Backward crossovers, clockwise and counterclockwise</li> <li>4. Forward outside three-turn, right and left</li> <li>5. Beginning two-foot spin (min 2 revs)</li> </ol>
Adult 6	<ol style="list-style-type: none"> <li>1. Forward stroking with crossover end patterns</li> <li>2. Backward stroking with crossover end patterns</li> <li>3. Forward inside three-turn, right and left</li> <li>4. T-stop</li> <li>5. Lunge</li> <li>6. Two-foot spin into one-foot spin (min 2 revs on 1 foot)</li> </ol>
Adult Beginner	<ol style="list-style-type: none"> <li>1. Bunny hop or mazurka</li> </ol>

	<ol style="list-style-type: none"> <li>2. Forward beginning one-foot spin from backward crossovers (min 2 revs)</li> <li>3. Forward moving inside open Mohawk (right and left) – heel to instep</li> <li>4. Alternating right and left forward outside edges across the width of the ice</li> <li>5. Alternating right and left forward inside edges across the width of the ice</li> <li>6. Backward moving outside 3-turn right and left</li> </ol>
Adult High Beginner	<ol style="list-style-type: none"> <li>1. Waltz Jump</li> <li>2. ½ Flip</li> <li>3. Alternating right and left backward outside edges across the width of the ice</li> <li>4. Alternating right and left backward inside edges across the width of the ice</li> <li>5. Backward moving inside 3-turn right and left</li> </ol>
Adult Pre-Bronze	<ol style="list-style-type: none"> <li>1. Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>2. Jump combination or sequence consisting of only ½ revolution jumps (half loop is considered a full revolution jump) – maximum of 2 jumps in combination and 3 jumps in a sequence</li> <li>3. Forward upright spin (Min. 3 revolutions)</li> <li>4. Forward spiral (any edge)</li> </ol>
Adult Bronze	<ol style="list-style-type: none"> <li>1. Single Salchow</li> <li>2. Waltz jump – toe loop combination jump</li> <li>3. Backward Upright Spin – entry optional (Min. 3 revolutions)</li> <li>4. Spiral sequence (Min. 2 spirals)</li> </ol>
Adult Silver	<ol style="list-style-type: none"> <li>1. Flip jump</li> <li>2. Jump combination of Salchow and loop</li> <li>3. Sit spin (min. 3 revolutions in position)</li> <li>4. Adult Silver Moves Pattern 1 (Eight-step Mohawk sequence), one direction only</li> </ol>
Adult Gold	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Flip-loop combination jump (no turn or change of foot)</li> <li>3. Camel spin (min. 3 revolutions in position) Adult Gold Moves Pattern 3 (Forward outside double three-turns on one foot, forward inside double three turns on the other foot).</li> </ol>
Masters Intermediate-Novice	<ol style="list-style-type: none"> <li>1. Single Axel jump</li> <li>2. Jump combination of Lutz jump and loop</li> <li>3. Spin combination consisting of at least one change of foot and at least one change of position (min. 4 revolutions on each foot)</li> <li>4. Intermediate Moves Pattern 5 (Inside slide chasse pattern)</li> </ol>
Masters Junior-Senior	<ol style="list-style-type: none"> <li>1. Double Salchow jump</li> <li>2. Jump combination of Axel jump and double toe loop</li> <li>3. Spin combination consisting all three positions and one change of foot (min. 2 revolutions in each position and min. 5 revolutions on each foot).</li> <li>4. Junior Moves Pattern 4 (Choctaw sequence), one diagonal Only</li> </ol>

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**SPIN EVENTS**

Three spins, with the exception of pre-bronze event, will be skated once each in a program format on half ice without music. Two spins will be skated at pre-bronze event. The required spins may be skated in any order. Each element may be attempted only once. Connecting steps are allowed but will not be judged. Only the required spins as described for each level may be performed.

Emphasis will be placed on the overall performance of each spin. Skaters will be given one mark for technical merit from each judge. Men and ladies may compete together. Maximum program duration for all levels is 1:30.

Adult Pre-Bronze	<ol style="list-style-type: none"><li>1. One-foot forward upright spin (min. 3 revolutions in position)</li><li>2. Two-foot upright spin (min. 3 revolutions in position)</li></ol>
Adult Bronze	<ol style="list-style-type: none"><li>1. One-foot forward upright spin (min. 4 revolutions in position)</li><li>2. One-foot backward upright spin, entry optional (min. 3 revolutions in position)</li><li>3. Sit Spin (min. 3 revolutions in position)</li></ol>
Adult Silver	<ol style="list-style-type: none"><li>1. Camel spin (min. 3 revolutions in position)</li><li>2. One spin from layback, attitude or sit spin (min. 4 revolutions in position)</li><li>3. Combination spin with at least one change of position - no change of foot (min. 3 revolutions on each foot)</li></ol>
Adult Gold	<ol style="list-style-type: none"><li>1. Solo spin, no change of foot (min. 4 revolutions in position) May have flying entry</li><li>2. Second solo spin, different than first (min. 4 revolutions in position). May have flying entry</li><li>3. Combination spin consisting of only one change of foot and at least one change of position (min. 4 revolutions on each foot). May have flying entry</li></ol>
Masters Intermediate-Novice	<ol style="list-style-type: none"><li>1. Solo spin of skater's choice (min. 6 revolutions in position) May have flying entry</li><li>2. Second solo spin, different than first; change of foot optional (Min 6 revolutions). May have flying entry.</li><li>3. Spin combination consisting of at least one change of foot and at least one change of position (min. 4 revolutions on each foot). May have flying entry.</li></ol>
Masters Junior-Senior	<ol style="list-style-type: none"><li>1. Solo spin of skater's choice. (min. 8 revolutions in position). May have flying entry.</li><li>2. Second solo spin different from first; change of foot optional (Min. 6 revolutions in position)</li><li>3. Spin combination consisting of all three positions and one change of foot (min. 2 revolutions in each position, min. 5 revolutions on each foot, min. 10 revolutions total). May have flying entry.</li></ol>

## JUMP EVENTS

Three jumps will be skated once each in a program format without music. The required jumps may be skated in any order. Each element may be attempted only once. Connecting steps are allowed but will not be judged. Only the required jumps as described for each level may be performed.

Emphasis will be placed on the overall performance of each jump. Skaters will be given one mark for technical merit from each judge. Men and ladies may compete together. Maximum program duration for all levels is 1:30.

Adult Pre-Bronze	<ol style="list-style-type: none"> <li>1. Waltz jump</li> <li>2. Half-flip, half-Lutz or any single jump (no Lutz or Axel)</li> <li>3. Jump combination of a waltz jump and a toe loop (no turn or change of foot between jumps)</li> </ol>	To be skated on half ice
Adult Bronze	<ol style="list-style-type: none"> <li>1. Salchow</li> <li>2. Toe loop</li> <li>3. Jump combination of any two single jumps (except Axel) (no turn or change of foot between jumps)</li> </ol>	To be skated on half ice
Adult Silver	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Flip jump</li> <li>3. Jump combination of any two single jumps except flip (no turn or change of foot between jumps). Axel permitted; no double jumps permitted</li> </ol>	To be skated on half ice
Adult Gold	<ol style="list-style-type: none"> <li>1. Lutz jump</li> <li>2. Any single jump (Axel permitted)</li> <li>3. Jump sequence consisting of single/single, double/single, or single/double jump combination (may include any single jump, double toe loop or double Salchow).</li> </ol>	To be skated on full ice
Masters Intermediate- Novice	<ol style="list-style-type: none"> <li>1. Single Axel jump</li> <li>2. Double Salchow or double toe loop</li> <li>3. Jump combination of one single jump and one double jump (no turn or change of foot between jumps). Double flip, double Lutz and double Axel not permitted</li> </ol>	To be skated on full ice
Masters Junior-Senior	<ol style="list-style-type: none"> <li>1. Single or double Axel</li> <li>2. Any double or triple jump</li> <li>3. Jump combination of two doubles or one double and one triple (no turn or change of foot between jumps). May not repeat any jump from #1 or #2, but may do two of the same jump in combination (e.g., double loop-double loop)</li> </ol>	To be skated on full ice

**NEARBY HOTEL ACCOMMODATIONS:**

Best Western  
16905 S Pioneer Blvd, Artesia, CA (0.55 miles away)  
[562-402-2202](tel:562-402-2202)

Rodeway Inn  
11854 Artesia Blvd, Artesia, CA (0.52 miles away)  
[562-402-0070](tel:562-402-0070)

Ramona Inn  
17510 Pioneer Blvd, Artesia, CA (0.45 miles away)  
[562-924-6700](tel:562-924-6700)

Norwalk Marriott  
13111 Sycamore Drive, Norwalk, CA (3.58 miles away)  
[562-863-5555](tel:562-863-5555)

Cerritos Sheraton  
12725 Center Court Dr  
Cerritos, CA 90703  
[562-809-1500](tel:562-809-1500)