

ANNOUNCEMENT
2017
LOS ANGELES OPEN CHAMPIONSHIPS



ORGANIZED AND CONDUCTED BY THE
LOS ANGELES FIGURE SKATING CLUB



SANCTIONED BY
UNITED STATES FIGURE SKATING

**Online
Entry**

PICKWICK ICE ARENA
1001 Riverside Drive
Burbank, CA 91506

FRIDAY -- SUNDAY
July 7 – 9, 2017

Deadline: Midnight (Pacific) of Sunday June 11, 2017

Chairs

Bob and Joanne Davis
7316 Zachau Pl
Tujunga, CA 91042
(818) 353-7047
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Registrar

Vicki Busch
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Pasadena, CA 91107-1807
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Secure Online Registration and credit card payment through Entryeze. Link will be available at the LAFSC website: www.lafsc.org when the Entryeze site has been activated.

ADMISSION PRICES

There will be a spectator admission fee for this event. Each skater gets one chaperone pass per skater. So, if you have two skaters, you will receive two chaperone passes for entry to the entire competition. BE SURE TO WEAR YOUR CREDENTIAL OR WRIST TICKET AT ALL TIMES.

You will also have the option to purchase an All Event pass for other family members and guests. If your friends and family members will be attending the entire event, it may be more cost effective to purchase All Event passes for them. You may purchase as many as you need and you may purchase them either during registration or at the door.

Only the coach listed as the primary coach will be given a credential.

NOTE: We cannot accept credit cards for admission. Cash or a check may be used.

FEES FOR SPECTATOR ADMISSION (PRICES ARE PER DAY)

Morning Sessions	\$ 7
Afternoon Sessions	\$ 7
Evening Sessions	\$ 10
Senior Citizens (all sessions)	\$ 5
Children age 5 and under	Free

All-Event Passes **\$ 15**

PLEASE ADVISE YOUR GUESTS OF THE ADMISSION POLICY AND FEES.

Competition Rules for the 2017 Los Angeles Open Championships

The Los Angeles Open Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates that have been posted on the U.S. Figure Skating website, except as provided otherwise in this announcement.

This competition is open to all currently registered eligible (ER 1.00) members of U.S. Figure Skating. Basic Skills events are open to all skaters who are current eligible members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. A competitor may not enter an event in the Los Angeles Open Championships if they have won the same event at any Regional or higher competition with the exception of the Senior events. Dance or pairs winners may re-enter with a different partner. Any competitor(s) eliminated by this rule is/are eligible to enter the next higher event, irrespective of the test requirements. Skaters may enter only one category of each event to be skated, with the exception of Solo Dance. Skaters may enter the level for which they qualify or any higher level.

PRACTICE ICE

The Los Angeles FSC is not scheduling practice sessions. Please contact Pickwick Ice Arena at (818) 845-5300 for freestyle session information.

SYSTEM OF JUDGING

The **IJS system** will be used for Short Programs and Free Skating of Juvenile, Intermediate, Novice, Junior and Senior singles and pairs events and also for Adult Gold and Masters Free Skating events. The 6.0 system will be used for all other events.

COACH COMPLIANCE

One coach per skater will be admitted at no charge. A badge will be prepared only for the coach listed as the Primary Coach on the competitor's Entryeeze form. Badges will be held at the Registration Table. **All coaches seeking access to this event must comply with the requirements listed in Rule MR 5.11 (Coach and Instructor Compliance) of the current U.S. Figure Skating Rulebook. Coaches failing to comply with Rule MR 5.11 will not receive a Coach Pass.** For more information regarding Coach Compliance, please refer to:

<http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf>

AWARDS

For Intermediate, Novice, Junior and Senior Free Skating events, medals will be awarded for 1st – 4th place in the short program. Medals will also be awarded for 1st – 4th place in the free skate program. Trophies will be awarded for 1st – 4th place for combined short and free skate program results (Intermediate through Senior). The name of the 1st place skater in the combined event will be engraved on the perpetual trophy. In the case of more than one group at a given level, this standard will apply to each group. No final round will be skated.

For Juvenile and lower Free Skating events, medals will be awarded for 1st – 4th place. The name of the 1st place skater will be engraved on the perpetual trophy when applicable. In the case of more than one group at a given level, this standard will apply to each group. No final round will be skated.

Medals will be awarded for 1st – 4th place for all other events (Adult Freeskate, Compulsory, Jumps, Spins, Showcase and Dance).

The winner of the Van Valkenberg Trophy for the most outstanding performance and the Virginia Fratianne Trophy for the most outstanding artistic performance will be awarded a take-home trophy and his/her name will be engraved on the perpetual trophy.

Medals will be awarded for 1st - 4th place in Basic Skills events. For Basic Skills events with more than 4 participants, ribbons will be given for 5th place and beyond.

Competitors in the California Championships who place 1st through 4th in a Showcase event may qualify for the U.S. Figure Skating National Showcase. Skaters eligible to enter National Showcase will have placed 1st through 4th as previously described as Singles competitors, Preliminary through Senior, or Adult Bronze through Adult Masters. Please contact Melissa Bowman (email: patinage.tx@gmail.com), Vice Chair for National Showcase, for further details. Current guidelines and procedures regarding showcase competitions can be found at www.usfigureskating.org, under "Programs" on the National Showcase page.

MUSIC

Music must be plainly marked with name, event and side to be played. One track CDs (no CD-RWs), clearly identified, must be turned in when checking in at registration at least 45 minutes prior to the event. Competitors should have a back-

up CD available at rink side. CDs should be picked up after your event at the registration desk.

SOUTHERN CALIFORNIA INTER-CLUB INVITATIONAL SERIES

This event is part of the Southern California Inter-Club Invitational Series. Top point scorers at the end of the season will be invited to the Invitational Final. Please see the Southern California Inter-Club Association website at <http://www.socalinterclub.org/> for more information.

GROUP DIVISION OF SINGLES EVENTS

If there are more than eighteen (18) entries in any one class of a Singles event after division of age groups, if applicable, the skaters in that class shall be divided into groups of no more than eighteen (18) skaters for Juvenile or higher events by random draw; fourteen (14) skaters for Pre-Juvenile or lower events drawn by age. If entries are divided into groups, there will be NO FINAL ROUNDS. ENTRIES MAY BE LIMITED DUE TO TIME RESTRICTIONS ON AVAILABLE ICE TIME. EARLIEST COMPLETED (INCLUDING PAYMENT) ENTRYEEZE TIME STAMP WILL PREVAIL.

WARM-UP TIMES (in minutes)

LEVEL	CP	SP & FS	Art	Spins	Jumps
Basic	3	4	3	x	x
Pre-Pre to Pre-Juv	4	5	4	3	4
Open Juv / Juv	5	6	5	3	4
Interm -Sr	x	6	5	3	4
Adult	4	6	5	3	x

FREE SKATING EVENTS

COMPULSORY PROGRAMS must be performed as a continuous program with all elements performed once in any order without music and without additional elements or excessive embellishment, Moves in the Field elements are considered a single element and may not be split but must be performed in its entirety as it would be in the Moves in the Field test; i.e., it is not permitted to perform a portion of the move, then another element and then the rest of the move.

Two marks will be awarded for Required Elements and Presentation with the mark for Required Elements breaking ties. Additional, repeated or omitted elements will be penalized by a deduction of 0.2 in the mark for Required Elements. Failures, based on their severity and context in the program, may be reflected in the base mark and/or a penalty of 0.1 to 0.2, the latter only for extreme failures. Excessive embellishment may be penalized only to the extent in the judge's opinion that the program is unnecessarily prolonged but no more than 0.2 in the mark for presentation. Additional elements include jumps of ½ revolution or greater and spins or spin-like movements of 1 revolution or greater.

COMPULSORY PROGRAMS AND FREE SKATING: Program times allow plus or minus 10 seconds except those specified as Maximum. In that case there is no additional 10 second allowance and there is no minimum time. All references to the Axel jump include one foot Axel and inside Axel. If half ice is specified, the event shall be skated on half ice with cones regardless of whether the other half of the ice surface is being utilized or not.

NOTE: For Intermediate and higher singles and Novice and higher pairs, registration fee includes both a Short and a Free Skating program. Skaters do not register for Short program and Free Skating programs as separate events. Skaters wishing to withdraw from the Free Skate program should notify the registrar. Skaters may not perform the Free Skate if they have not skated the Short program.

SEA JEWEL GIRLS/SEA RANGER BOYS (NO TEST LEVEL 1): (Ages 6 and under)

Skaters may not have passed any U.S. Figure Skating Tests.

Boys and girls may compete against each other.

FREE SKATING: Must be performed as a continuous program with all listed elements performed once in any order with music.

1. Forward swizzles (min 3)
2. Backward wiggles (min 3)

3. Dip
4. Bunny Hop
5. Snow plow stop, 1 or 2 foot

Program time: 1:10 minutes (Maximum); Full ice with music

Marks will be awarded for Required Elements and Presentation. No additional jump or spin elements will be allowed. Judges will deduct 0.2 for each omission or illegal move performed. Required elements mark breaks ties.

DOLPHIN GIRLS/SHARK BOYS (NO TEST LEVEL 2):

Skaters may not have passed any U.S. Figure Skating Free Skating Test.

Boys and girls may compete against each other.

COMPULSORY PROGRAM:

1. Consecutive forward inside edges (min 2 on each foot)
2. Forward spiral, either foot, either edge or flat
3. Waltz jump
4. Half flip
5. Two foot upright spin (min 3 rev)
6. T-stop, either foot or edge

Program Time: Unspecified Half ice without music

FREE SKATING:

Jumps: Program content per Rule 4280 of the current Rulebook, except only half revolution jumps permitted plus Salchow, Toe Loop and Half Loop. Jump Combinations or sequences are not required but no more than three in total are permitted.

Spins: A minimum of one spin with a minimum of three revolutions. No Spins commenced with a jump.

Steps: Connecting moves and steps should be demonstrated.

Program time: 1:40 minutes (Maximum)

SUNBATHER GIRLS/BEACHCOMBER BOYS (NO TEST LEVEL 3):

Skaters may not have passed the Pre-Preliminary Free Skating Test.

Boys and girls may compete against each other.

COMPULSORY PROGRAM:

1. Consecutive backward outside edges, minimum 2 on each foot
2. Forward outside spiral, either foot
3. Salchow
4. Flip
5. One foot upright spin (min 3 revolutions)

Program Time: Unspecified Half ice without music

FREE SKATING: Shall be in accordance with Rule 4280 of the current Rulebook except spins commenced with a jump are not permitted. Program time: 1:40 minutes (Maximum)

PRE-PRELIMINARY: Girls-Pickwick Ice Arena Trophy; Boys-LAFSC Senior Board Trophy

Skaters may not have passed the Preliminary Free Skating Test.

COMPULSORY PROGRAM:

1. Forward Right and Left Foot Spirals (TR 25.01(3); PPM Pattern 3)
2. Waltz eight (TR 25.01(4); PPM Pattern 4)
3. Single toe loop
4. One foot upright spin (min 4 revolutions)

Program Time: Unspecified Half ice without music

FREE SKATING: Shall be in accordance with Rule 4270 of the current Rulebook. Program time: 1:40 minutes (Maximum)

PRELIMINARY: Girls-Roberta Buswell Trophy; Boys-Robert Van Valkenburg Trophy

Skaters may not have passed the Pre-Juvenile Free Skating Test

COMPULSORY PROGRAM:

1. Consecutive outside and inside spirals (TR 25.02(2); PM Pattern 2)
2. Alternating forward 3-turns (TR 25.02(4); PM Pattern 4)
3. Loop jump
4. Sit spin (min 3 revolutions in position)

Program Time: Unspecified Full ice without music

FREE SKATING: Shall be in accordance with Rule 4260 of the current Rulebook. Program time: 1:30 minutes +/- 10 seconds.

PRE-JUVENILE: Girls-Jeri Crandell Trophy; Boys-Randy Gardner Trophy

Skaters may not have passed the Juvenile Free Skating Test

COMPULSORY PROGRAM:

1. Forward inside-back outside 3-turns in the Field (TR 25.03(3); PJM Pattern 3)
2. Five step mohawk sequence (TR 25.03(6); PJM Pattern 6)
3. Single Lutz jump
4. Combination spin with no change of foot and only one change of position. Any two positions allowed, (min 3 revolutions in each position)

Program Time: Unspecified Full ice without music

FREE SKATING: Shall be in accordance with Rule 4250 of the current Rulebook. Program time: 2:00 minutes +/- 10 seconds.

JUVENILE: Under age 14 Girls-Jennie Walsh Trophy; Boys-Pauline Newman Trophy

OPEN JUVENILE: Age 14 or older **NOTE: Skaters who will be under 14 at close of entries but who will turn 14 prior to Sept. 1 and intend to compete as an Open Juvenile at Regionals may skate Open Juvenile at this competition. Entryeeze will require you to register for LA Open as a Juvenile, but after doing so, you must contact the Registrar to have your entry changed to Open Juvenile.**

Skaters may not have passed the Intermediate Free Skating Test

COMPULSORY PROGRAM:

1. Eight step mohawk sequence (TR 25.04(3); JM Pattern 3)
2. Forward double 3-turns (TR 25.04(6); JM Pattern 6)
3. Jump combination of any two single jumps, including Axel
4. Combination spin with only one change of foot, minimum 4 revolutions each foot. Positions are free.

Program time: Unspecified Full ice without music

FREE SKATING: Shall be in accordance with Rule 4240 of the current Rulebook. Program time: 2:15 minutes +/- 10 seconds.

INTERMEDIATE: Ladies-William L. Udell Trophy; Men-LAFSC Junior Board Trophy

Skaters may not have passed the Novice Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 4230 of the current Rulebook. Program time: 2:00 minutes Maximum.

FREE SKATING: Shall be in accordance with Rule 4230 of the current Rulebook. Program time: 2:30 minutes +/- 10 seconds.

NOVICE: Ladies-Sandy Carson Trophy; Men-Robert Taylor Trophy

Skaters may not have passed the Junior Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 4220 of the current Rulebook. Program time: 2:30 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 4220 of the current Rulebook.

Program time: Men - 3:30 minutes +/- 10 seconds; Ladies - 3:00 minutes +/- 10 seconds.

JUNIOR: Ladies-Wanda Guntert Trophy; Men-Christopher Bowman Trophy

Skaters may not have passed the Senior Free Skating Test.

SHORT PROGRAM: Shall be in accordance with Rule 4210 of the current Rulebook.

Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 4210 of the current Rulebook. Program time: Men - 4 minutes +/- 10 seconds; Ladies - 3:30 minutes +/- 10 seconds.

SENIOR: Ladies-Catherine Machado Trophy; Men-Richard Dwyer Trophy

No test requirements

SHORT PROGRAM: Shall be in accordance with Rule 4200 of the current Rulebook.

Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 4200 of the current Rulebook.
Program time: Men - 4:30 minutes +/- 10 seconds; Ladies - 4 minutes +/- 10 seconds.

JUMP COMPETITION EVENTS

Age and test requirements are the same as for Free Skating. Jump competition events will consist of three prescribed jumps plus a jump of the skater's choice for Pre-Preliminary and Preliminary and a jump combination of the skater's choice for Pre-Juvenile through Senior, subject to restrictions for each level as listed below. The jumps may be performed in any order in a program without music. Connecting footwork may be incorporated in the program but should be kept to a minimum and will be judged only in the case of jumps immediately preceded by connecting steps and/or comparable free skating movements. There will be a 0.2 deduction for added elements or repeated jumps (attempts count). Ladies and men will compete against each other at all levels. One mark will be awarded by the judges.

PRE-PRELIMINARY: Waltz jump, toe loop, salchow, one single jump of skater's choice (no Axel)

Time: 1:40 minutes (maximum); Half ice event

PRELIMINARY: Flip, loop, lutz, one single jump of skater's choice (no Axel)

Time: 1:40 minutes (maximum); Half ice event

PRE-JUVENILE: Half loop, lutz, axel, any combination of two single jumps

Time: 1:40 minutes (maximum); Half ice event

JUVENILE/ OPEN JUVENILE: Axel, double toe loop, double salchow, any combination of two jumps. One jump must be immediately preceded by connecting steps and/ or comparable free skating movements. Time: 1:40 minutes (maximum); Full ice event

INTERMEDIATE: Axel, Walley, double flip, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

NOVICE: Axel, double loop, double lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

JUNIOR: Axel, double loop, double lutz, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

SENIOR: Axel or double axel, any two double or triple jumps, any combination of two jumps. One jump must be immediately preceded by connecting steps and/or comparable free skating movements.

Time: 1:40 minutes (maximum); Full ice event

SPIN COMPETITION EVENTS

Age and test requirements are the same as for Free Skating. Spin competition events will consist of three prescribed spins. The spins may be performed in any order in a program without music. Connecting footwork may be incorporated into the program but should be kept to a minimum and will not be judged. There will be a 0.2 deduction for added

elements or repeated spins (attempts count). Ladies and men will compete against each other at all levels. One mark will be awarded by the judges. **All spin events are half ice events. Time limits will be 1:40 maximum for all events.**

IJS SPIN EVENT:

This event is open to all levels regardless of age or tests passed. The spins will be scored using IJS, so they will receive a level and a GOE. The highest total score wins. In this event, each skater will perform three spins consisting of:

- Combination spin, with or without a change of foot (minimum 6 revolutions)
- Flying spin of the skater's choice (minimum 6 revolutions)
- Spin in one position, with or without a change of foot (minimum 6 revolutions).

PRE-PRELIMINARY:

- Two foot spin (minimum 3 revolutions)
- One foot spin (minimum 3 revolutions)
- Spin Combination with only one change of position and no change of foot (minimum 3 revolutions).

PRELIMINARY:

- Sit Spin (minimum 3 revolutions)
- Front scratch to back scratch, exit on spinning foot no mandatory (minimum 3 revolutions on each foot)
- Spin Combination with only one change of position and no change of foot (minimum 4 revolutions)

PRE-JUVENILE:

- Camel Spin (minimum 3 rev)
- Ladies: Layback or Attitude / Men-Forward Sit Spin (minimum 3 revolutions)
- Combination spin: forward camel to forward sit spin; optional change of foot (minimum 6 revolutions combined in forward camel and sit positions)

OPEN JUVENILE/JUVENILE:

- Forward Sit Spin (minimum 4 revolutions)
- Ladies: Layback or Attitude / Men: Forward Camel Spin (minimum 4 revolutions in position)
- Spin Combination with 1 change of foot and at least 1 change of position (minimum 4 revolutions on each foot); Must include two of the following positions: camel, sit or upright.

INTERMEDIATE:

- Sit spin to change foot sit spin (minimum 5 revolutions in position)
- Spin in 1 position. Only one position and no change of foot; may start with a fly. (minimum 5 revolutions)
- Spin combination consisting of 1 change of foot and at least 1 change of position; no flying entry (minimum 5 revolutions each foot and minimum 2 revolutions in position)

NOVICE:

- Flying camel spin (minimum 5 revolutions)
- Spin combination with only 1 change of foot and at least 1 change of position; no flying entry (minimum 5 revolutions each foot, minimum 2 revolutions in positions).
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no change of foot and no flying entry (minimum 6 revolutions) / Men: Camel or Sit Spin with only 1 change of foot; no change of position; no flying entry (minimum 5 revolutions each foot).

JUNIOR:

- Flying sit spin; sit position must be attained in the air, and changing foot on landing is permitted (minimum 8 revolutions)
- Spin combination with only 1 change of foot; minimum 2 different basic positions; no flying entry (minimum 6 revolutions each foot minimum 2 revolutions in position)
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no flying entry (minimum 8 revolutions) / Men: Camel Spin with only 1 change of foot; no flying entry (minimum 6 revolutions each foot).

SENIOR:

- Flying spin of the skater's choice; Ladies: Landing position different than layback/sideways leaning spin / Men: Landing position different than spin in 1 position (minimum 8 revolutions)

- Spin combination with only 1 change of foot; minimum 2 different basic positions; no flying entry (minimum 6 revolutions each foot minimum 2 revolutions in position)
- Spin in 1 position: Ladies: Layback or Sideways Leaning Spin; no flying entry (minimum 8 revolutions) / Men: Camel or Sit Spin with only 1 change of foot; no flying entry (minimum 6 revolutions each foot).

ADULT:

- Sit Spin (minimum 3 revolutions in position)
- Camel Spin (minimum 3 revolutions in position)
- Combination Spin with either change of foot OR change of position (minimum 6 revolutions total)

SHOWCASE EVENTS

Showcase events are offered for all levels including Basic Skills. The technical difficulty of the program is not the main consideration in these marks. Only one mark will be given. Showcase events shall consist of a variety of skating moves and elements selected for their value in enhancing the skater's interpretation of the music. Vocal music with lyrics is allowed. Props are allowed. Costumes that enhance the performance by appropriately reflecting the character of the music and theme will be considered in the judging.

Competitors must enter the Showcase event at the same level as their Free Skating event. Eligibility rules for Free Skating shall apply except where levels are combined. If entries in the Showcase classes are divided into groups, only one round will be skated.

Events will be conducted according to current U.S. Figure Skating guidelines for non-qualifying Showcase events: <http://www.usfigureskating.org/content/About%20Us/Forms/Nonqualifying%20Showcase%20Guidelines.pdf>

Please read the information linked above to familiarize yourself with these guidelines.

SENIOR: Maximum	Senior Ladies/Men	Program Time 2:40 minutes
JUNIOR: Maximum	Junior Ladies/Men	Program Time 2:40 minutes
NOVICE: Maximum	Novice Ladies/Men	Program Time 2:10 minutes
INTERMEDIATE: Maximum	Intermediate Ladies/Men	Program Time 2:10 minutes
OPEN JUVENILE/JUVENILE: Maximum	Open Juvenile/Juv. Girls/Boys	Program Time 2:10 minutes
PRE-JUVENILE: Maximum	Pre-Juvenile Girls/Boys	Program Time 1:40 minutes
PRELIMINARY: Maximum	Preliminary Boys/Girls.	Program Time 1:40 minutes
PRE-PRELIMINARY: Maximum	Pre-Preliminary Boys/Girls	Program Time 1:30 minutes
SUNBATHERS/BEACHCOMBERS: Maximum	No Test 3	Program Time 1:30 minutes
DOLPHINS/SHARKS: Maximum	No Test 2	Program Time 1:30 minutes

SEA JEWELS/SEA RANGERS : No Test 1 Program Time 1:30 minutes
Maximum

ADULT: Masters, Gold, Silver, Bronze Program Time 1:40 minutes
Maximum.

Please Note: National Showcase:

Competitors who place 1st through 4th in a Showcase event may qualify for the USFS National Showcase. Skaters eligible to enter National Showcase will have placed 1st through 4th as previously described as Singles competitors, Preliminary through Senior, or Adult Bronze through Adult Masters. Current guidelines and procedures regarding showcase competitions can be found at www.usfigureskating.org under "Programs" on the National Showcase page. Please contact Melissa Bowman (email: patinage.tx@gmail.com), Vice Chair for National Showcase, for further details.

PAIR EVENTS

PRE-JUVENILE PAIRS:

Neither partner may have passed the Juvenile Pair Test.

FREE SKATING: Shall be in accordance with Rule 5250 of the current Rulebook. Program time: 2:00 minutes +/- 10 seconds.

JUVENILE PAIRS:

Neither partner may have passed the Intermediate Pair Test.

FREE SKATING: Shall be in accordance with Rule 5240 of the current Rulebook. There is no minimum age. Program time: 2:30 minutes +/- 10 seconds.

INTERMEDIATE PAIRS:

Neither partner may have passed the Novice Pair Test.

FREE SKATING: Shall be in accordance with rule 5230 of the current Rulebook. Program time: 3:00 minutes +/- 10 seconds.

NOVICE PAIRS:

Neither partner may have passed the Junior Pair Test.

SHORT PROGRAM: Shall be in accordance with Rule 5220 of the current Rulebook. Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 5220 of the current Rulebook. Program time: 3:30 minutes +/- 10 seconds.

JUNIOR PAIRS:

Neither partner may have passed the Senior Pair Test.

SHORT PROGRAM: Shall be in accordance with Rule 5210 of the current Rulebook. Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with Rule 5210 of the current Rulebook. Program time: 4:00 minutes +/- 10 seconds.

SENIOR PAIRS:

No test requirements.

SHORT PROGRAM: Shall be in accordance with Rule 5200 of the current Rulebook.

Program time: 2:50 minutes Maximum

FREE SKATING: Shall be in accordance with rule 5200 of the current Rulebook. Program time: 4:30 minutes +/- 10 seconds.

ADULT EVENTS

Skaters must be at least 21 years of age at the close of entries.

CHAMPIONSHIP MASTERS, JUNIOR/SENIOR: No test restrictions. See Rule 4510.

Program time: 3:40 minutes Maximum

CHAMPIONSHIP MASTERS INTERMEDIATE/NOVICE: Skaters may not have passed the Standard Junior Free Skating Test. See Rule 4540. Program Time: 3:10 minutes Maximum

ADULT GOLD: Skaters may not have passed the Standard Intermediate Free Skating Test. See Rule 4570.
Program time: 2:40 minutes Maximum

ADULT SILVER: Skaters may not have passed the Adult Gold Free Skating Test or the Standard Intermediate Free Skating Test. See Rule 4580.
Program time: 2:10 minutes Maximum

ADULT BRONZE: Skaters may not have passed the Adult Silver or the Standard Pre-Juvenile Free Skating Test. See Rule 4590.
Program time: 1:50 minutes Maximum

ADULT PRE-BRONZE: Skaters may not have passed the Adult Bronze or the Standard Preliminary Free Skating Test. See Rule 4600. Program time: 1:40 minutes Maximum

ENTRY FEES

First Event Entered:

Intermediate & higher Free Skating	\$ 120
Juvenile & Open Juvenile Free Skating	\$ 100
Pre-Juvenile, Preliminary, Pre-Preliminary FS	\$ 95
First Basic Skills or No Test level Boys/Girls event	\$ 60

Pair Events (Per person; Both skaters must register individually via Entryeze)

Novice through Senior Free Skating	\$ 65
Intermediate and lower Free Skating	\$ 55

Adult Events:

Gold and Masters Free Skating	\$ 100
Silver through Pre-Bronze Free Skating	\$ 90

Subsequent Event: \$ 60

NOTE: Online Entry with secure credit card payment is available at www.LAFSC.org. Online entry must be completed by midnight on the evening of June 11, 2017.

Any test(s) passed after the close of entries which adversely affects the eligibility requirements for the event entered will disqualify the entrant, and neither the entry fee nor online processing fee will be refunded.

Once entries have closed, entry fees (minus the online processing fee) are only refundable if the competition is not held. In the case of a single entrant in an event, an exhibition with the option of a critique will be offered in lieu of a refund. This does not apply to compulsory programs, jumps or spins.

Entries must be completed and submitted NO LATER THAN MIDNIGHT ON SUNDAY, JUNE 11, 2017. Late entries will be accepted only with the approval of the competition committee and the Referee. Late entries, if accepted, will be subject to twice the usual entry fee. NO ENTRIES shall be accepted after the draw has occurred.

Notification of schedule will NOT be available by phone, mail or email. Skater and Coach schedules will be available via Entryeze at www.lafsc.org. Group lists will be posted at www.lafsc.org only for events with more than one group.

PLANNED PROGRAM CONTENT (IJS Events Only)

Planned program content, where applicable (IJS Events Only), must be entered by the skater in Entryeeze.

REGISTRATION

A Registration Desk will be established in the lobby of the arena. All competitors and officials are requested to register as soon as possible upon arrival at the arena. Competitors must check in 45 minutes prior to their scheduled event. Events may start up to 30 minutes ahead of scheduled times at the discretion of the Referee.

ARENA

Pickwick Ice Arena is 85'x 200' with slightly rounded corners.

CHAPERONE AND PROFESSIONAL BADGES

- One chaperone badge for each competitor under the age of 18 will be available at no cost at the time of entry. The name of designated chaperone MUST be entered in Entryeeze.
- One coach's badge for each competitor is also available at the time of entry. The name of designated coach MUST be shown in Entryeeze as the primary coach. Coach compliance with Rule MR 5.11 is mandatory.
- No chaperone or coach badges will be issued unless names are entered via Entryeeze.

FEES FOR SPECTATOR ADMISSION

Morning Sessions	\$ 7
Afternoon Sessions	\$ 7
Evening Sessions	\$ 10
Senior Citizens (all sessions)	\$ 5
Children under age 5	Free
All-Event Passes	\$ 15

- *All-Event Passes may be ordered through Entryeeze or at the door.

**REGISTER ONLINE
FOR THE 2017 LOS ANGELES OPEN
CHAMPIONSHIPS**

**Payment via a secured credit card transaction
(3.5% Non-refundable processing fee applies)**

www.lafsc.org

Simply follow the Entryeeze link for competition information and use the link to register for the competition and pay with a credit card.

2017 Los Angeles Open Championships



COMPETE USA EVENTS

LEARN TO SKATE COMPETE USA EVENTS

ELIGIBILITY RULES FOR PARTICIPANTS

The competition is open to ALL skaters who are current eligible (ER 1.00) members of either the Learn to Skate USA program and those who are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with Learn to Skate USA or a member club. There will be no more than six competitors maximum in an event and all six will receive an award.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills 1-6 skaters must skate at highest level passed or one level higher and NO official U.S. Figure Skating tests may have been passed, including Moves in the Field or individual dances. For all other levels, eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

GENERAL RULES

Please see the current U.S. Figure Skating Rulebook 3100 for rules applicable to Learn to Skate Compete USA events and the current Learn to Skate Compete USA competition manual posted at <http://www.usfigureskating.org> . Please see the General Rules section on page one of the announcement for all other information including information on facilities, judging, music, awards, schedule, video taping, photography, and admission.

EVENT: Showcase Events

Learn to Skate USA Compete USA Showcase events are open to skaters in Basic, Pre-Free Skate-Free Skate 6, Beginner through High Beginner and Adult 1-6. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description. For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted at www.usfigureskating.org.

Categories include:

Light entertainment

Dramatic entertainment

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate-Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.

EVENT: Basic Elements: SNOWPLOW SAM – BASIC 6

Each skater will perform each element one element at a time in the order listed below (no excessive connecting steps).

- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle

Basic 4	1:00 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left

EVENT: Basic Program: SNOWPLOW SAM – BASIC 6

The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Beginning snowplow stop on two-feet or one-foot • Backward wiggles, 6-8 in a row
Basic 2	1:10 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Scooter pushes, right and left foot, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Beginning forward stroking showing correct use of blade • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Beginning backward one-foot glide, either foot • Moving forward to backward two-foot turn on a circle
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Backward one-foot glides, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Beginning two-foot spin, 2-4 revolutions • Backward ½ swizzle pumps on a circle, one direction only
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Advanced two-foot spin, 4-6 revolutions • Forward outside three-turn, right and left • Hockey stop

Basic 6	1:10 max.	<ul style="list-style-type: none"> • Forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry • T-stop, right or left
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EVENT: Pre-Free Skate – Free Skate 6 Compulsory

In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Pre-Free Skate	1:15 max	<ul style="list-style-type: none"> • Forward inside open Mohawk from a standstill position (R to L and L to R) • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:15 max.	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Backward outside three-turns, right and left • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop • Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Backward inside three-turns, right and left • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Waltz three-turns, clockwise and counterclockwise • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump/toe loop or Salchow/toe loop jump combination

Free Skate 4	1:15 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half loop jump • Flip jump
Free Skate 5	1:15 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz jump-loop jump combination- • Lutz jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none"> • Forward power pulls, right and left • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Pre-Free Skate – Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> • Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise • One-foot upright spin, optional entry and free-foot position (minimum three revolutions) • Mazurka • Waltz jump
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Forward power stroking, 4-6 consecutive strokes • Upright spin, entry from backward crossovers - minimum 4-6 revolutions • Toe loop jump • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Alternating forward outside and inside spirals on a continuous axis (2 sets) • Beginning back spin, up to two revolutions • Half Lutz • Salchow jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Alternating Mohawk/crossover sequence, right to left and left to right • Advanced back spin with free foot in crossed leg position, min 3 revs • Loop jump • Waltz jump-toe loop or Salchow-toe loop jump combination

Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Half Loop jump • Flip jump
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Backward outside three-turn, Mohawk (backward power three-turn), both directions • Camel spin - minimum three revolutions • Waltz-loop jump combination- • Lutz jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Split jump or stag jump • Camel, sit spin combination - minimum of four revolutions total • Waltz jump, ½ loop, Salchow jump sequence • Axel jump

EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump 	Max. 2 spins: <ul style="list-style-type: none"> • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions) 	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests

<p>High Beginner</p> <p>1:40 Maximum</p>	<p>Max. 5 jump elements:</p> <ul style="list-style-type: none"> • Jumps with no more than one-half rotation (front to back or back to front including half-loop) • Single rotation jumps: Salchow and toe loop only. • Max. 2 jump combinations or sequences • Max. 2 of any same type jump. 	<p>Max. 2 spins:</p> <ul style="list-style-type: none"> • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions) 	<p>Connecting moves and steps should be demonstrated throughout the program</p>	<p>Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests</p>
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ELIGIBILITY RULES FOR PARTICIPANTS IN BASIC SKILLS EVENTS

Basic Skills events are open to ALL skaters who are current eligible (ER 1.00) members of either the Basic Skills Program and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Basic Skills Program/Club or any other Basic Skills Program/Club.

Eligibility will be based on skill level as of closing date of entries. All SNOWFLOW SAM and BASIC SKILLS SKATERS THROUGH BASIC 8 must skate at highest level passed and NO official U.S. Figure Skating tests may have been passed including MIF or Individual dances.

For the Free skate 1-6, Test Track and Well Balanced levels, eligibility will be based only upon highest free skate test level passed (moves in the field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

GENERAL RULES

Please see the General Rules section on page one of the announcement for all other information including information on facilities, judging, coach compliance, music, awards, schedule, videotaping, photography, and admission.

SHOWCASE EVENTS

Showcase events are offered for all levels including Basic Skills. Skaters must enter at the same level as their free skate event. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. Skaters will be judged on musical interpretation and feeling, expression, and how the skating relates to the music. Show costumes are permitted, as long as they do not touch or drag on the ice. Only hand held props are allowed. Props must remain in the skater's hand(s) at all times. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Categories include:

Light entertainment

Dramatic entertainment

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-8	Elements only from Basic 1-8 curriculum	May not have passed any higher than Basic 8 level.	Time 1:00 Max
Free skate 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 Max

Basic Elements Event: SNOWPLOW SAM – BASIC 8 – No Music

- Each skater will perform one element at a time in the order listed below (no excessive connecting steps).
- To be skated on 1/3 to 1/2 ice.
- No music.
- **All elements must be skated in the order listed.**

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:00 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:00 max.	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	1:00 max.	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:00 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
Basic 4	1:00 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward outside edge on a circle, clockwise or counter clockwise • Forward crossovers, 4-6 consecutive, both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left
Basic 5	1:00 max.	<ul style="list-style-type: none"> • Backward outside edge on a circle, clockwise or counterclockwise • Backward crossovers, 4-6 consecutive, both directions • Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions • Side toe hop, either direction • Hockey stop
Basic 6	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Lunge, right or left • T-stop, right or left
Basic 7	1:00 max.	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk, right to left and left to right • Ballet jump, either direction • Backward crossovers to a back outside edge landing position, clockwise and counter clockwise • Forward inside pivot
Basic 8	1:00 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns, right and left • Waltz jump (from a standstill) • Mazurka, either direction • Combination move, clockwise <u>or</u> counter clockwise, two forward crossovers into forward inside Mohawk, step down, cross behind, step into one backward crossover and step to a forward inside edge • Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions

Basic Program Event: SNOWPLOW SAM – BASIC 8 – With Music

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Snowplow Sam 1-3	1:10 max.	<ul style="list-style-type: none"> • March followed by a two-foot glide and dip • Forward two-foot swizzles, 2-3 in a row • Forward snowplow stop • Backward wiggles, 2-6 in a row
Basic 1	1:10 max	<ul style="list-style-type: none"> • Forward two-foot glide and dip • Forward two-foot swizzles, 6-8 in a row • Forward snowplow stop • Backward wiggles, 6-8 in a row
Basic 2	1:10 max	<ul style="list-style-type: none"> • Forward one-foot glide, either foot • Forward alternating ½ swizzle pumps in a straight line, 2-3 each foot • Moving snowplow stop • Two-foot turn in place, forward to backward • Backward two-foot swizzles, 6-8 in a row
Basic 3	1:10 max.	<ul style="list-style-type: none"> • Forward stroking • Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive • Forward slalom • Backward one-foot glide, either foot • Two-foot spin - minimum three revolutions
Basic 4	1:10 max.	<ul style="list-style-type: none"> • Standstill forward outside three-turn, right and left • Forward crossovers, 4-6 consecutive both directions • Backward stroking, 4-6 strokes • Backward snowplow stop, right or left
Basic 5	1:10 max.	<ul style="list-style-type: none"> • Backward crossovers, 4-6 consecutive, both directions • Basic one-foot spin, free leg held to side of spinning leg - minimum three revolutions • Side toe hop, either direction • Hockey stop
Basic 6	1:10 max	<ul style="list-style-type: none"> • Standstill forward inside three-turn, right and left • Bunny Hop • Forward spiral on a straight line, right or left • Lunge, right or left • T-stop, right or left
Basic 7	1:10 max	<ul style="list-style-type: none"> • Standstill forward inside open Mohawk, right to left and left to right • Ballet Jump, either direction • Back crossovers to a back outside edge landing position, clockwise and counter clockwise • Forward inside pivot
Basic 8	1:10 max.	<ul style="list-style-type: none"> • Moving forward outside or forward inside three-turns, right and left • Waltz jump (from a standstill) • Mazurka, either direction • Combination move, clockwise <u>or</u> counter clockwise – two forward crossovers into a forward inside Mohawk, step down, cross behind, step into one back crossover and step to a forward inside edge

		<ul style="list-style-type: none">• Beginning one-foot upright spin, free foot held to side of spinning leg or crossed position - minimum three revolutions
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Free Skate 1-6 Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

To be skated on ½ ice.

- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 max

Level	Time	Skating rules/standards
Free Skate 1	1:15 max.	<ul style="list-style-type: none">• Advanced forward stroking, 4-6 consecutive• Backward outside three-turns, right and left• One-foot upright scratch spin from backward crossovers - minimum three revolutions• Waltz jump from backward crossovers• Half flip jump
Free Skate 2	1:15 max.	<ul style="list-style-type: none">• Forward outside or inside spiral, right or left• Waltz three's, right or left, 2-3 sets• Beginning back spin, entry optional – minimum two revolutions• Waltz jump, side toe hop, Waltz jump sequence• Toe loop jump
Free Skate 3	1:15 max.	<ul style="list-style-type: none">• Forward crossovers in a figure 8• Backward inside three-turns, right and left• Back spin - minimum three revolutions• Salchow jump• Waltz jump/toe loop or Salchow/toe loop jump combination
Free Skate 4	1:15 max.	<ul style="list-style-type: none">• Forward power 3's, 2-3 consecutive sets, right or left• Sit spin - minimum three revolutions• Loop jump• Waltz jump/loop jump combination
Free Skate 5	1:15 max.	<ul style="list-style-type: none">• Camel spin - minimum three revolutions• Forward upright spin to back upright spin - minimum three revolutions each foot• Loop/loop jump combination-• Flip jump
Free Skate 6	1:15 max.	<ul style="list-style-type: none">• Five step Mohawk sequence - one set alternating pattern (refer to Basic Skills Curriculum Free Skate 6)• Camel, sit spin combination - minimum of four revolutions total• Split jump or stag jump• Waltz jump, ½ loop, Salchow jump sequence• Lutz jump

Free Skate 1-6 Program Event

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program. Vocal music is allowed.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Free Skate 1	1:40 max	<ul style="list-style-type: none"> • Advanced forward stroking, 4-6 consecutive • One-foot upright scratch spin from backward crossovers - minimum three revolutions • Waltz jump from backward crossovers • Half flip jump
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> • Forward outside spiral, right or left • Beginning back spin, entry optional - minimum two revolutions • Waltz jump, side toe hop, Waltz jump sequence • Toe loop jump
Free Skate 3	1:40 max	<ul style="list-style-type: none"> • Forward crossovers in a figure 8 • Back spin - minimum three revolutions • Salchow jump • Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> • Forward power 3's, 2-3 consecutive sets, right or left • Sit spin - minimum three revolutions • Loop jump • Waltz jump-loop jump combination
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> • Camel spin - minimum three revolutions • Forward upright spin to back upright spin - minimum three revolutions each foot • Loop-loop jump combination- • Flip jump
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> • Camel, sit spin combination - minimum of four revolutions total • Split jump or stag jump • Waltz jump, ½ loop, Salchow jump sequence • Lutz jump